

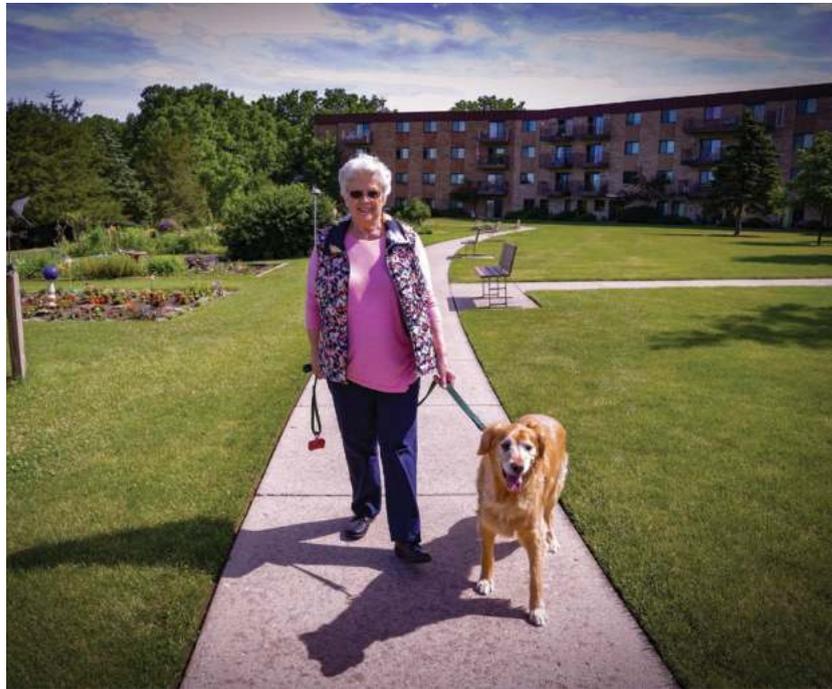
Home
happens
here.


Cedar Crest





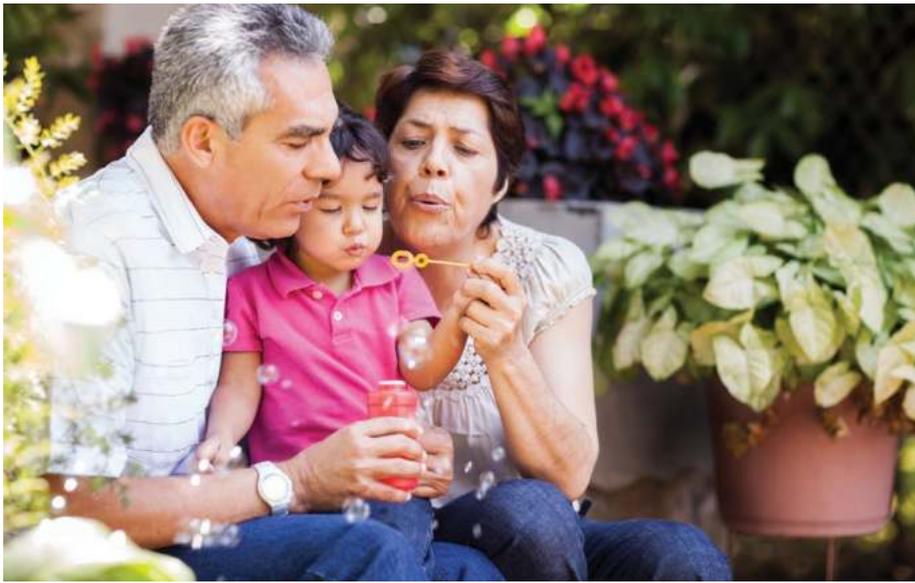
Giving you
our best
just comes
naturally.



Like the Rock River that moves through the heart of Janesville before winding its way past our campus, life has a natural flow that is constantly changing. How can you ensure you're always able to live yours to the fullest? One way is to choose a lifestyle that has stood the test of time, yet can easily adapt to your changing needs.

That's what you'll find at Cedar Crest, the area's only faith-based, nonprofit Life Plan Community. Under the mature trees on our over 60-acre campus, there's a hum in the air that's more than just the leaves rustling in the breeze. It's the buzz of active seniors enjoying life, knowing they'll get our best every day, in every way. Plus, they have the confidence of a full continuum of on-site care, should they ever need it.

Let us show you why the best is yet to come at Cedar Crest.



An engaging lifestyle built on peace of mind.

Life is unpredictable. But having a smart plan for tomorrow can help you relax and enjoy all the possibilities of today. Cedar Crest gives you the freedom and independence to live a more fulfilling life surrounded by engaging neighbors. And if your health needs change, we offer a range of residential options and a full continuum of care — assisted living, memory care, skilled nursing — right on-site. This allows you to stay close to the people you know and love.

Independent Living lifestyle options:

WATERFORD GROVE COTTAGES:

Spacious maintenance-free homes are an ideal choice for active adults who want the comfort of home without the hassles.

WATERFORD PLACE APARTMENTS:

Independent living apartments with indoor community dining and amenities, plus access to care as needed.

Additional Care options:

ASSISTED LIVING:

Our health center offers private assisted living studios designed to help you live a more fulfilling life by helping with your daily activities as needed.

MEMORY CARE:

The highly trained memory care team at Cedar Crest creates individualized care plans to help residents with dementia have more meaningful and peaceful days.

SKILLED NURSING:

On-site short-term rehabilitation can help you recover from a serious illness, injury or surgery. We also offer 24/7 long-term care.

Our campus also offers a variety of helpful services and convenient amenities to meet all your needs:

- *Restaurant-style dining in our Terrace dining room*
- *Garden Café*
- *Clubhouse and pier (coming soon)*
- *Gardens*
- *Walking trails*
- *Indoor and outdoor maintenance*
- *Monthly calendar of social activities and clubs*
- *Library*
- *Woodworking shop*
- *Party rooms*
- *Game room*
- *Solarium*
- *Activity room*
- *Gathering room*

We also feature a range of activities, including:

- *Fitness classes*
- *Arts and crafts*
- *Community outings*
- *Movie nights*
- *Bible studies and discussion groups*
- *Happy Hours*
- *Game nights*



Independent by *nature.*

At Cedar Crest, our independent living maintenance-free cottages, villas and apartments will dramatically shorten your to-do list, giving you more time to follow your wish list. Here you'll quickly discover an entire community of independent-minded neighbors who are enjoying the retirement lifestyle they'd always envisioned: one filled with fewer responsibilities and a variety of engaging possibilities.

We offer a variety of residential options to fit your lifestyle:

WATERFORD GROVE COTTAGES:

Each stand-alone cottage is designed with the utmost concern for your convenience, security, and safety with a walk-in shower, zero-step entry, laundry on the main floor, attached garages, and other thoughtful features. These residences feature single-family and duplex floor plans that range from 1,400-1,900 square feet.

WATERFORD PLACE APARTMENTS:

These apartment homes feature a full kitchen with maintenance-free appliances. You'll also have indoor access to our dining venues, so you can enjoy a chef-prepared meal in our Terrace Dining Room or Garden Café. If your lifestyle needs change, you'll have up to 28 hours/week of in-home supportive services — housekeeping, laundry, meal delivery, medication management — to help maintain your independence. Open concept floor plans range from 1,100 to 1,600 square feet.







Culture of *excellence.*

We're committed to giving you everything you need to enjoy today and every day. Sometimes to fully do that, what you need is the assurance of a smart plan for tomorrow. As the area's only Life Plan Community, Cedar Crest is well known for providing excellent care across all levels of living. Plus, our refundable entrance fee and predictable monthly rate protect your financial well-being.

Our one-stop shop of high-quality on-site care includes:

- **ASSISTED LIVING:** Our experienced team works with you to develop an individualized care plan that gives you only the help you want, including assistance with bathing or grooming, medication management, scheduled transportation, and more.
 - **MEMORY CARE:** Caring for those with dementia requires patience, compassion and special training to meet their personal needs. Our dementia specialists provide adapted programming — like daily music, activities, crafts and games — that engages residents.
 - **SHORT-TERM REHABILITATION AND LONG-TERM CARE:** Our Cedar View health care center provides an independent, homelike setting that promotes emotional, physical, social and spiritual well-being. Whether you need physical, occupational or speech therapies, our patient-centered care model has consistently earned high ratings from the Centers for Medicare & Medicaid Services (CMS).
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A long history of *thoughtful service.*



Cedar Crest has been serving older adults for over 55 years. As a nonprofit community, we reinvest in our residents' lifestyle to ensure we're giving them an active and engaging way of life. To learn more about the benefits of our community and our plans for the future, call us at **608.373.6304** or go to **[CedarCrestLife.com](https://www.CedarCrestLife.com)**.



Cedar Crest

Home happens here.

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